

# LIFE IN ESTONIA

Kadri Jürissaar TalTechie























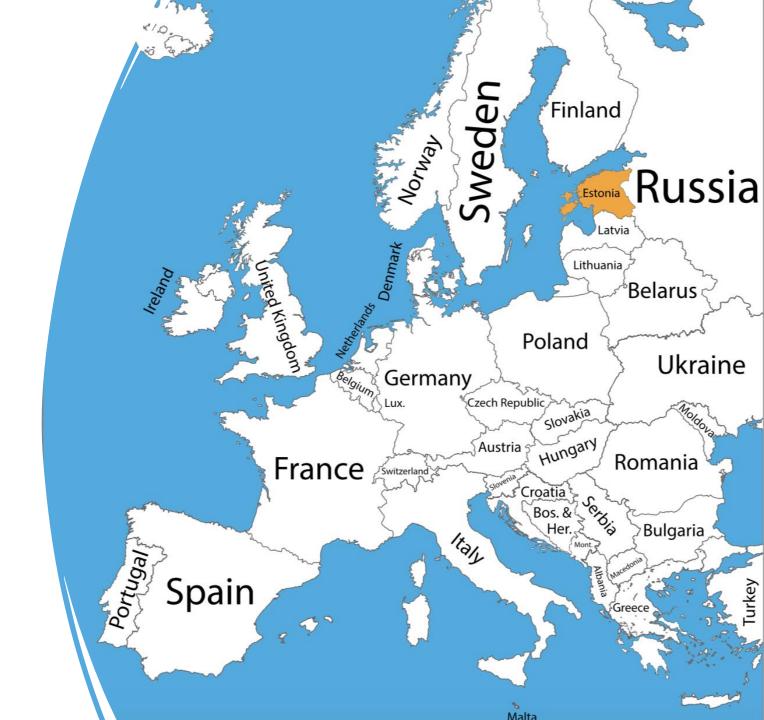




# **ABOUT ESTONIA**

- Nordics or Baltics?
- 1.3 million people
- Estonian language
- Member of EU and NATO
- 50% is forest
- One of the least religious countries

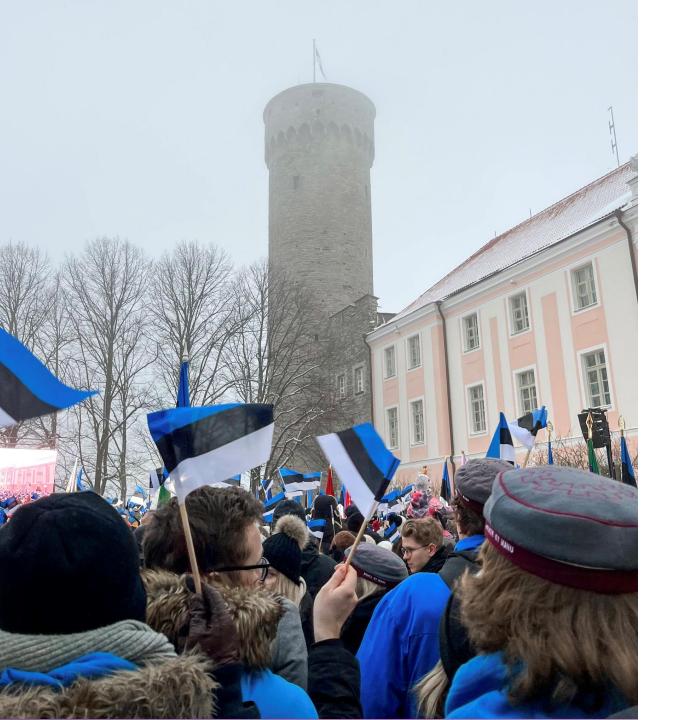




#### **HOW DID WE GET HERE?**



- From Vikings and pagans ...
- ... to under the rule of Teutonic Order, Denmark, Sweden, Russian Empire
- Declared independence 24 February 1918
- Occupied by Soviet Union and Nazi Germany
- Independent again 20 August 1991



# 107 YEARS OF INDEPENDENCE

Bolt e-government Arvo Pärt Margus Hunt Estonia piano factory Skeleton Technologies Anett Kontaveit Felix mustard World Cleanup Day Skype Kelly Sildaru Kaia Kanepi Kaia Kanepi Cleveron Kalev Markko Märtin Reet Aus Carmen Kerli Kõiv Kass Rally Estonia

Wise

Ott Tänak

e-voting

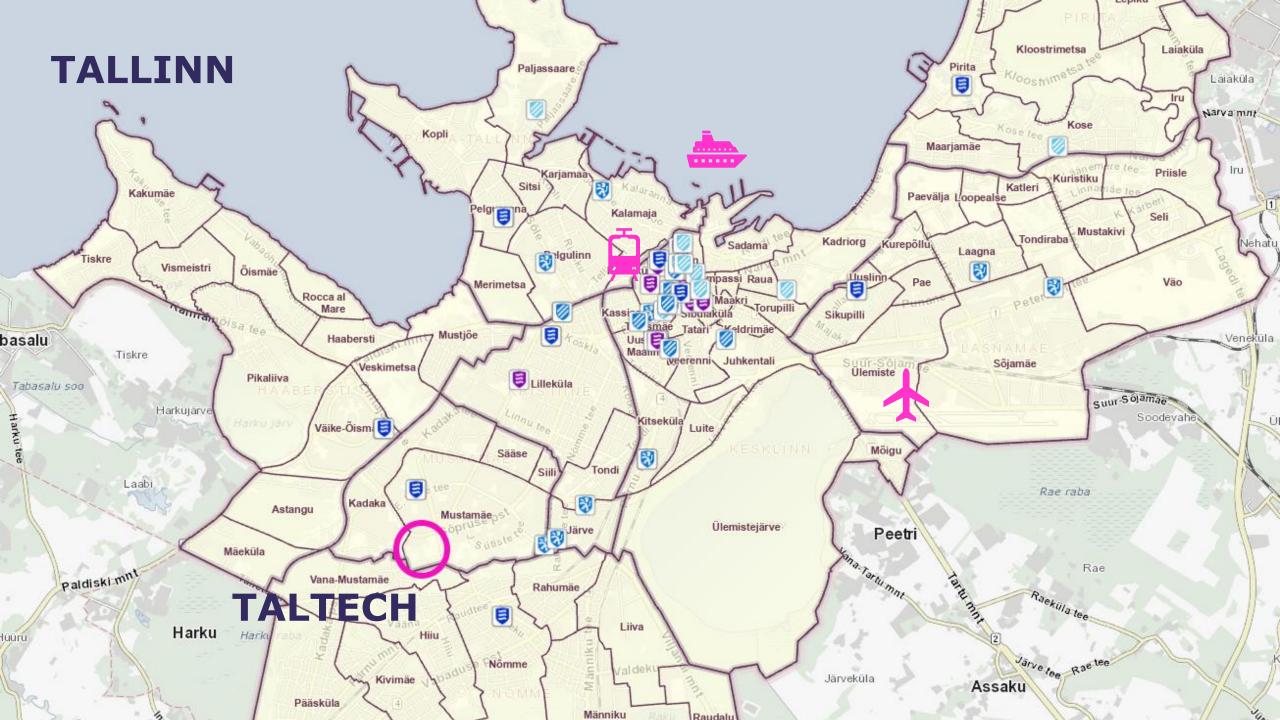


### **TALLINN**

- Capital city
- Best preserved medieval city in Northern Europe
- Ca 460 000 citizens







# **TALTECH**



# LIVING SITUATION

DORMITORY

**ALONE** 



**RENTAL APARTMENT** 

**SHARING** 

# **DORMITORY**

- 7 dormitories
- Shared twin rooms
- Single rooms
- Private flats



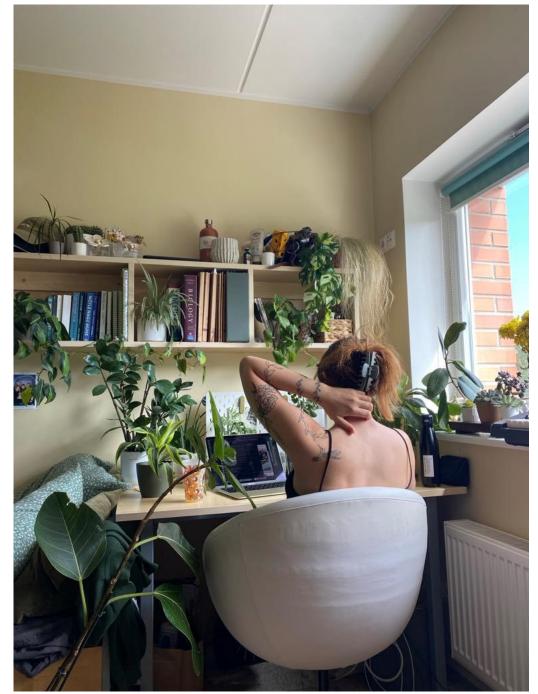


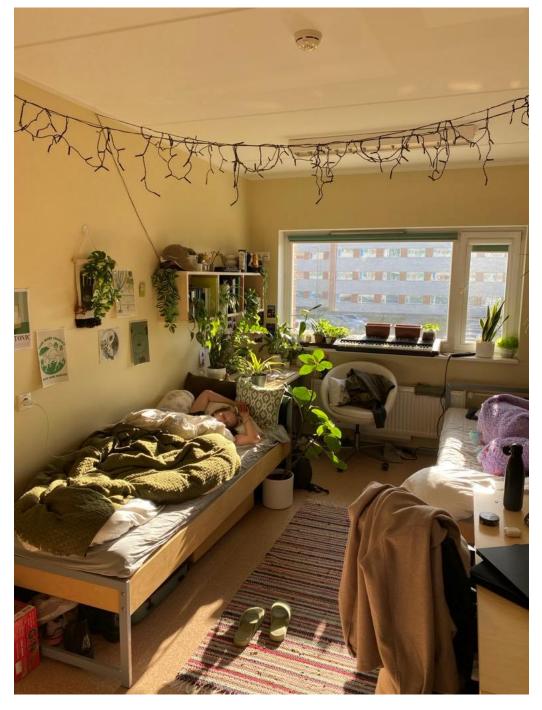
# **DORMITORY**















# **DORMITORY**

- Make it cosy
- No permanent changes
- Technician to the rescue
- Keep it clean

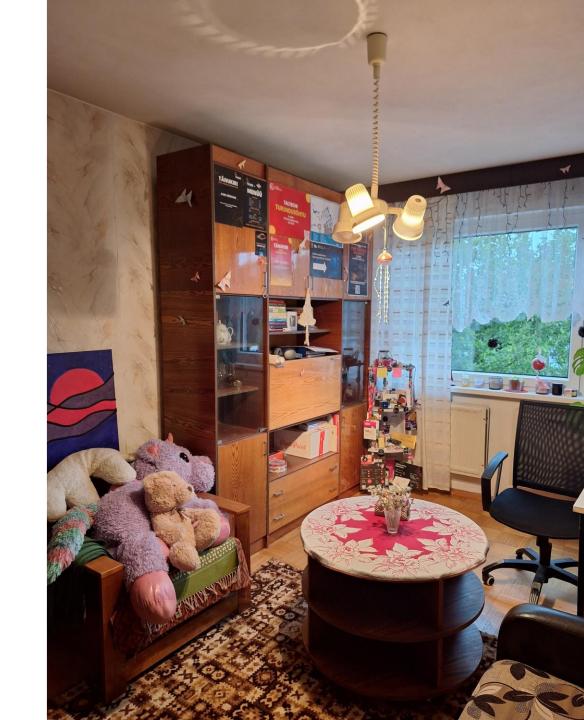




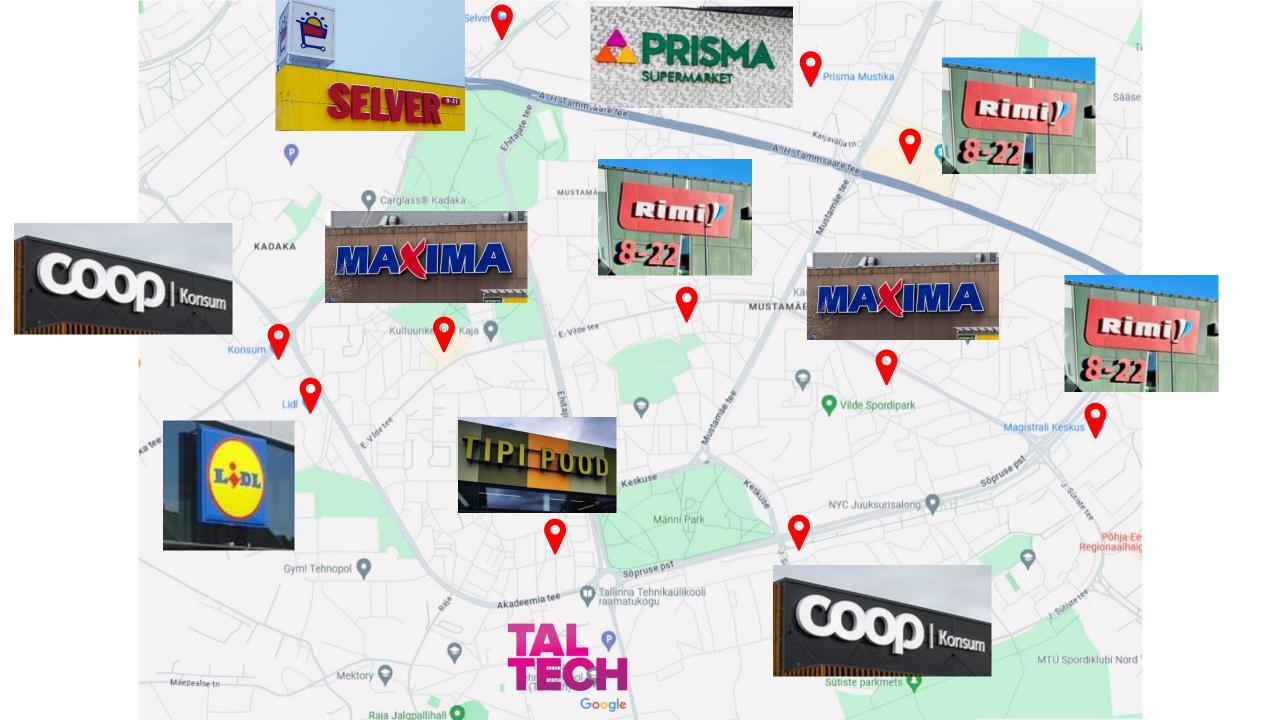
#### **RENTAL APARTMENT**

- More hustle and responsibility
- More privacy
- No permanent changes
- Must be clean and tidy
- Where to search?
- KV.EE
- Rendin









#### **FOOD STORES**

	<b>Opening</b>	time	between	7.30	and	9.00
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- Closing time usually 22.00
- Some Prismas open 24/7
- Open on weekends and holidays
- Discounts usually marked yellow

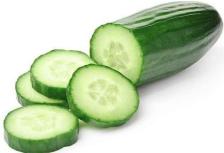
AVATUD	OPEN		
SULETUD	CLOSED		
E-R	MON - FRI		
E-L	MON - SAT		
E-P	MON - SUN		
LÕUNA	LUNCH		



# WHAT DO ESTONIANS EAT?



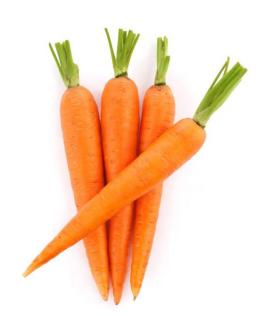


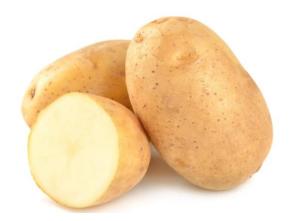




















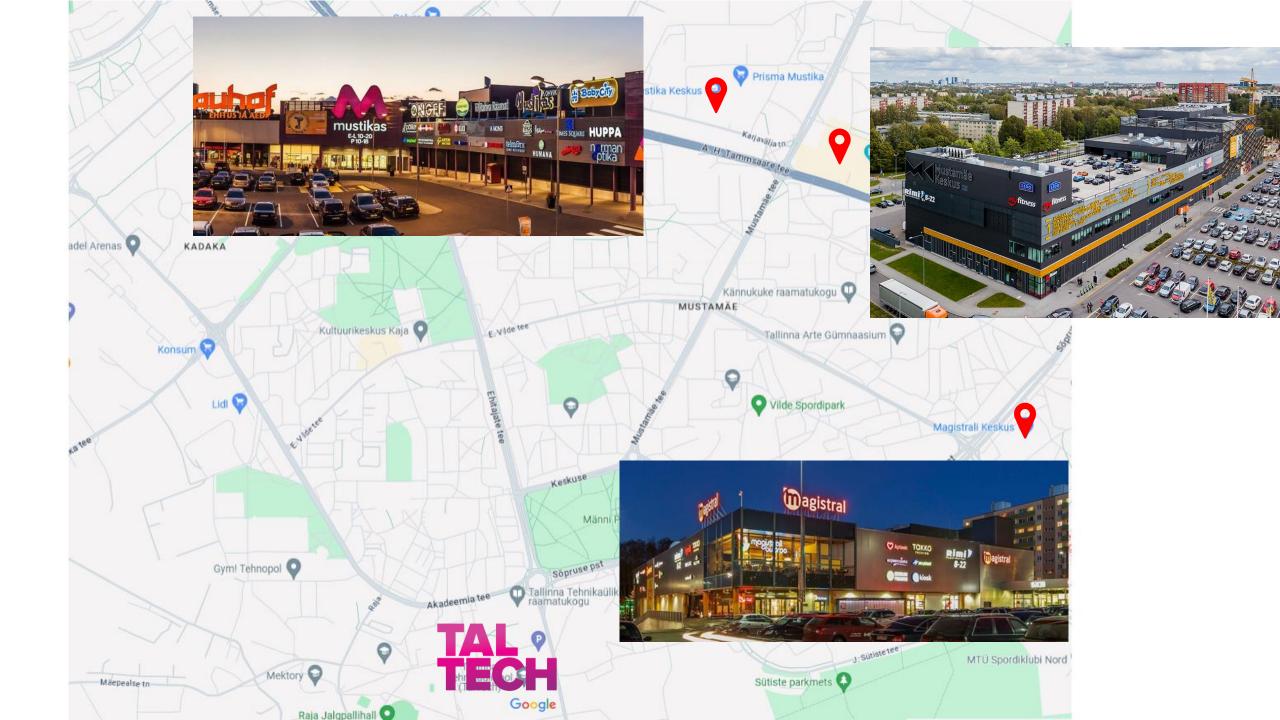














### **GETTING AROUND**

- Walking
- Bikes, skateboard, scooter
- Public transport bus, tram, trolleybus
- Timetables and routes









#### **PUBLIC TRANSPORT**

- Public Transport Card "Ühiskaart"
- Personalization for discounts
- Free transport for Tallinn citizens







## **PUBLIC TRANSPORT IN ESTONIA**





- Tpilet
- LuxExpress



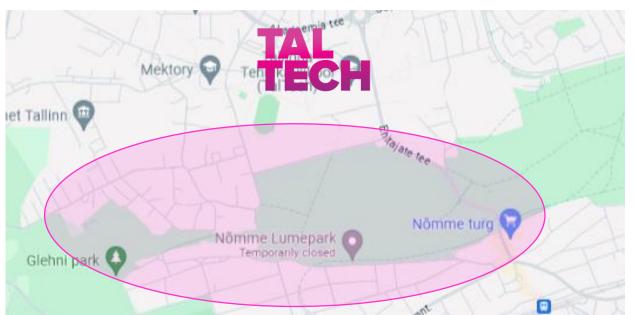






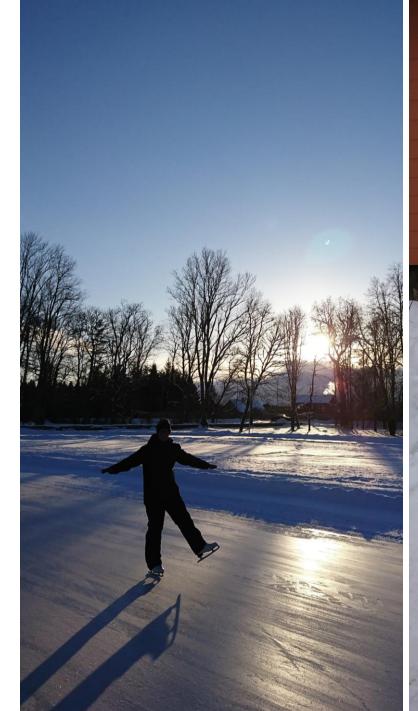
#### **SPORT**

- TalTech Sports Centre
- Sports courses
- Semester card for training
- Nõmme nature trails
- <u>Futpal</u> meet and play



#### **WINTER SPORTS**

- Cross-country skiing
- Skating
- Ice swimming
- Sledging
- Building a snowman







## **HAVING FUN**

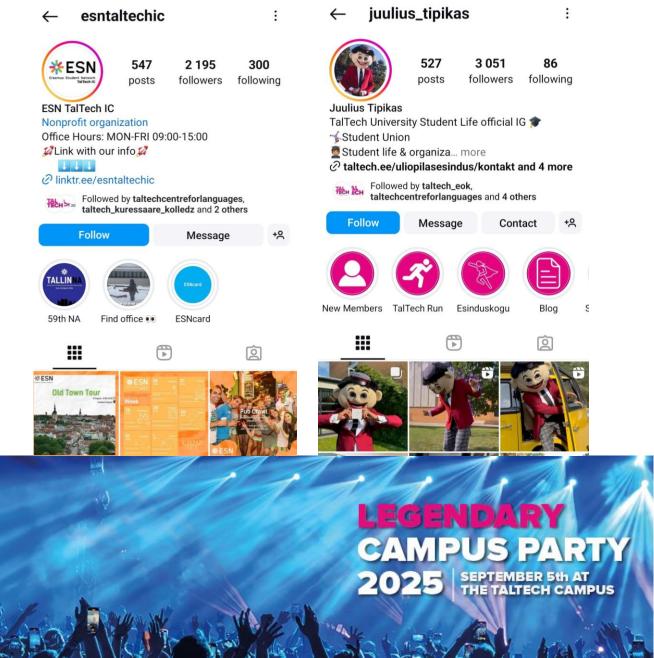


#### WHAT TO DO FOR FUN?

- 35+ student organisations
- From students to students
- From university to students

Mind the place and the time





More information: taltech.ee/en/campusparty

#### **KEEP YOURSELF SAFE**

- Take care of your friends
- Insurance
- Embassy
- Free emergency number 112
- Mind the signs







#### **GOT SICK - WHO HELPS?**

- Minor health concerns
- Cold
- Higher fever
- Headache
- Diarrhea











**PHARMACY** 

#### **GOT SICKER - WHO HELPS?**

- Fever for several days
- Skin infections
- Mild psychiatric disorders
- Need a check-up or a vaccination
- Finding a <u>family doctor</u>

## FAMILY PHYSICIAN ADVISORY LINE

+372 634 6630

IN ENGLISH
EVERY DAY 9.00-17.00





#### **GOT VERY SICK - WHO HELPS?**

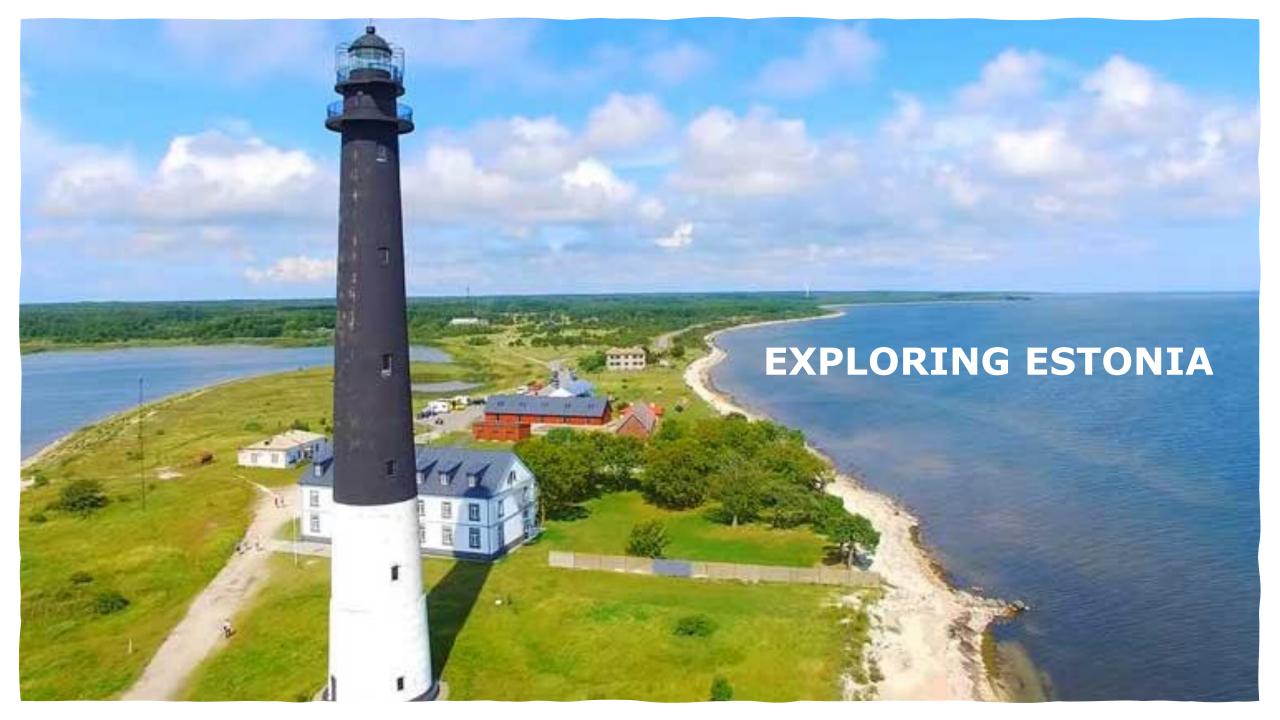
- 112 IS FREE
- ER = EMO (IN ESTONIAN)
- **CLOSEST: SÜTISTE TEE 19**



CALL 112 / GO TO ER

- Critical conditions
- Severe injury
- Trauma
- Bleeding
- Trouble breathing
- Severe cold or fever





#### WHERE TO START?

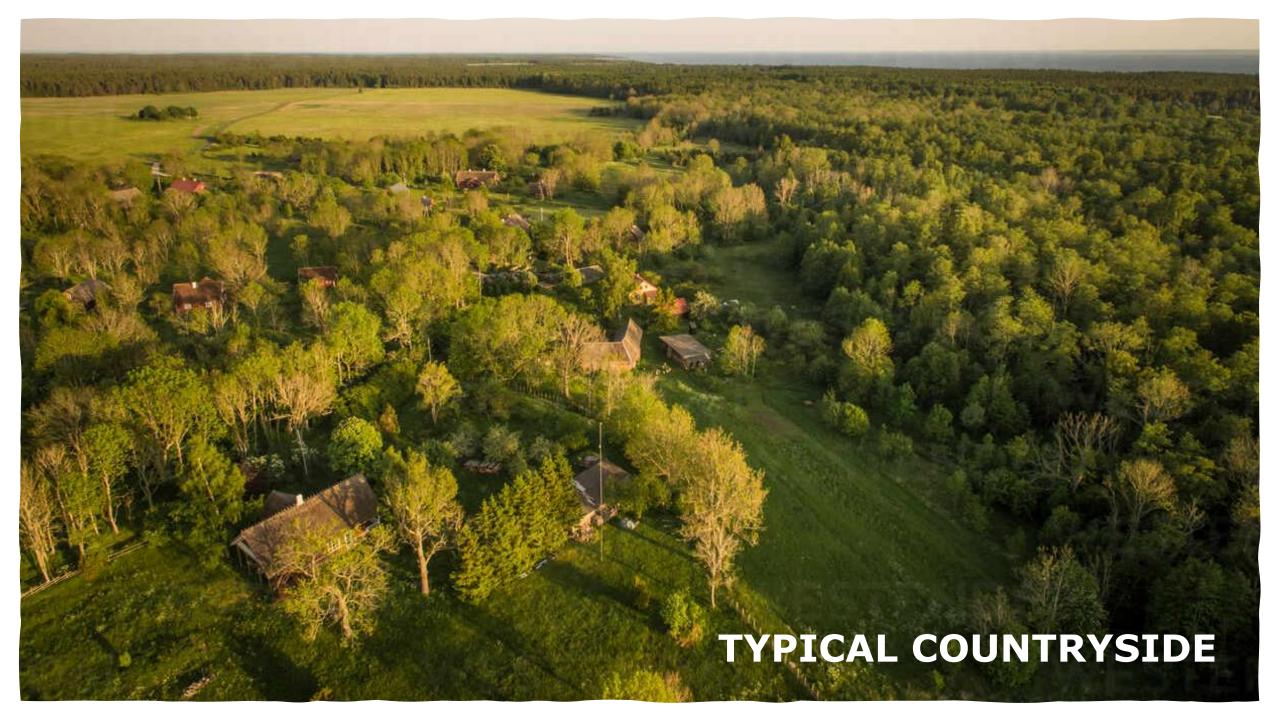
- Visit Estonia
- Trips with student organisations
- Sea, islands, bogs and wetlands, nature trails
- South Estonia
- Estonian towns
- Song and Dance Festival
- Museums, zoo, beaches, TV tower in <u>Tallinn</u>



#### **BEWARE**





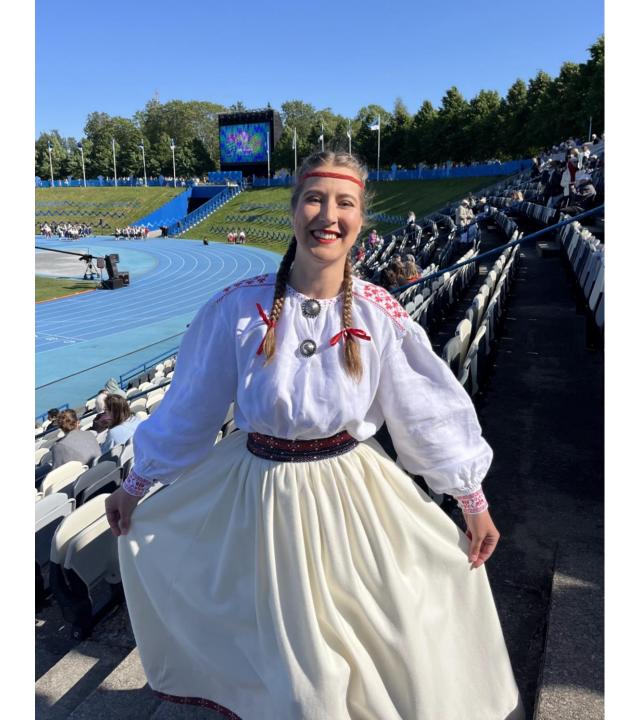




# NATIONAL SONG AND DANCE FESTIVAL

- Festival week in the end of June
- 45 000 performers
- 125 000 spectators in song and dance festival
- Next festival in summer 2028









GOOD TO KNOW



#### **4 SEASONS CAN NEVER BE BORING**

- Cold snowy winters
- Temperature minimum -43,5°C











#### **AUTUMN**

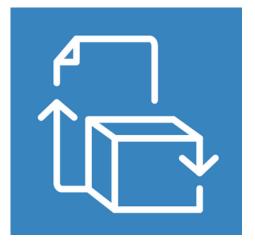
- First colourful, then grey
- Rainy season
- Berries, mushrooms, nuts



#### **WE SORT WASTE**



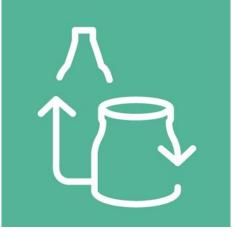
PAKEND / PACKAGES



PABER / PAPER



BIO / BIO



KLAAS / GLASS



OLME / GENERAL

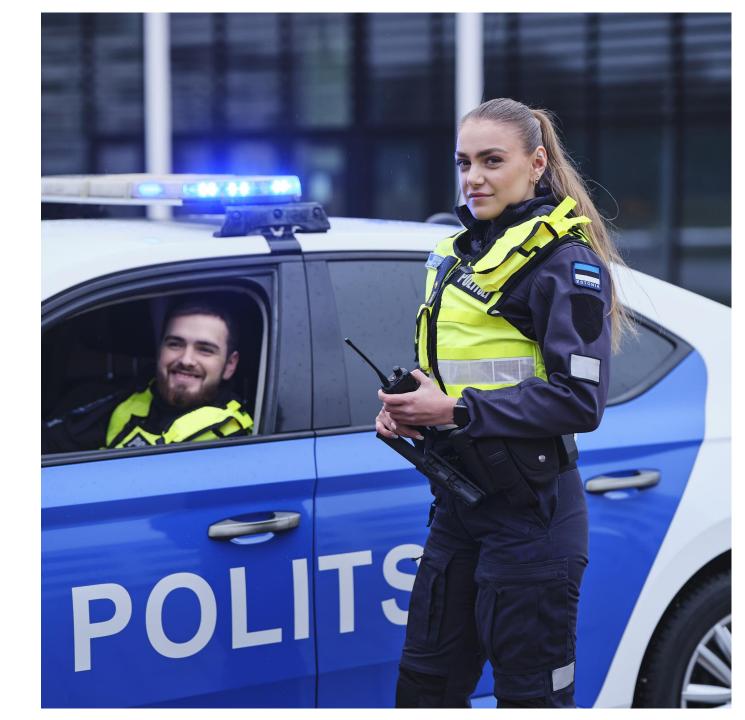




**1 BOTTLE = 0,1€** 

#### **GOOD TO KNOW**

- Don't be afraid of police
- Estonian post and parcel system
- Second-hand: <u>Humana</u> and <u>Uuskasutuskeskus</u>
- Don't wear shoes inside





#### **E-ESTONIA**

- E-government
- E-residency
- E-voting
- Fully online banking
- ID-cards and digital signature
- One-click online tax forms
- Mobile parking
- Create a new company within 20 min on your PC





#### IF YOU NEED ADVICE

- Friends and coursemates
- TalTech Student Counselling Office
- Dean's Office
- Student ABC
- Orientation Days info
- Settling in info
- Expats in Tallinn, Estonia
- Expats in Tallinn/Estonia









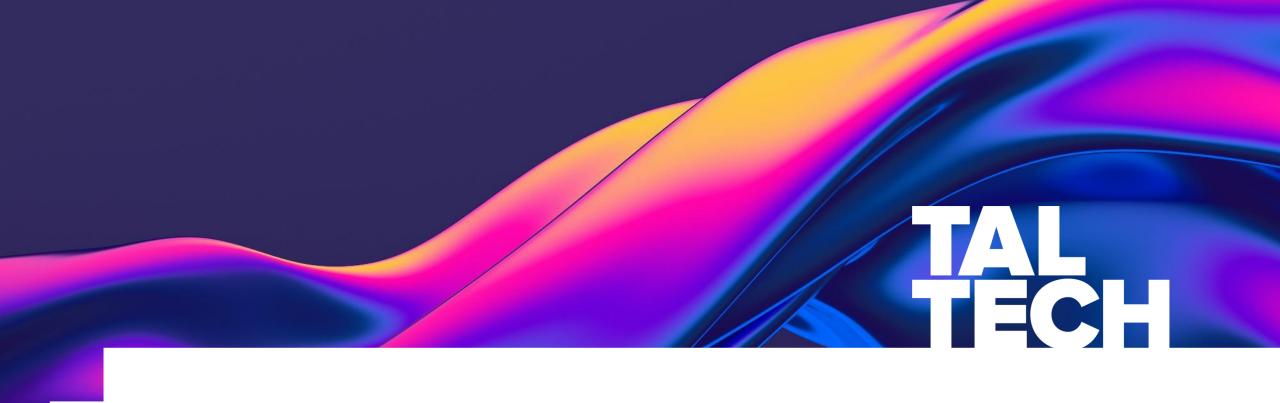


### **QUESTIONS?**

**WWW.SLI.DO** 

**ENTER CODE: #2377674** 





# **EXCHANGE STUDIES & INTERNSHIP ABROAD**

Kerli Roosimaa Mobility Centre

TALLINN UNIVERSITY OF TECHNOLOGY

#### **DIFFERENT OPPORTUNITIES (1)**

#### **Semester studies**

- Erasmus+, NORDTEK, Bilateral
   Agreements (studies outside EU)
- 2-12 months
- 15 ECTS per semester
- Scholarships

Additional application round for Spring semester 2026 is open until

**September 15, 2025** 

#### **Short-term/Blended Mobility**

- Erasmus+ programme
- 5-30 days physical presence abroad
- Virutal period before or after
- At least 3 ECTS
- Scholarships

Applications are accepted **all year** round



#### **DIFFERENT OPPORTUNITIES (2)**

#### **Internship Abroad**

- Erasmus+ programme
- 2-6 months
- At least 1 ECTS
- Scholarships

Applications are accepted **all year** round

#### **EuroTeQ**

- TUM, TU/e, DTU, L'X, CTU, EPFL, Technion
- Virtual course catalogue

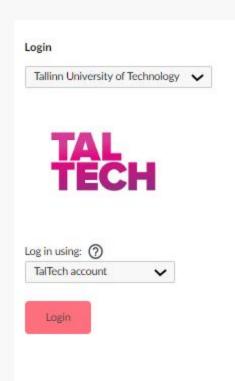
**Last seats call** for Autumn 2025 is open until **September 8.** 

Call for Spring semester 2026 courses will be announced in late October





Exchange destinations and feedback at TalTech | Exchange destinations Abroad and feedback | Support email





# Tallinn University of Technology Links Outgoing TalTech students Please log in with your TalTech account, select and fill in the application form for Outgoing Student Mobility. Incoming exchange students to TalTech You have to be nominated through your international office to get a user-id for the application form. If you have the user-id, please proceed with LOCAL login.

# Apply through **SoleMove**

Select Tallinn University of Technology [TalTech] from the drop down menu and use your Uni-ID to log in to the system

#### **MORE INFORMATION**

**Contact**:

Kerli Roosimaa

External Studies Manager

kerli.roosimaa@taltech.ee

Ph: +372 620 3549

Room: U02-201

**Info session:** 

September 9 at

15:30 in Teams



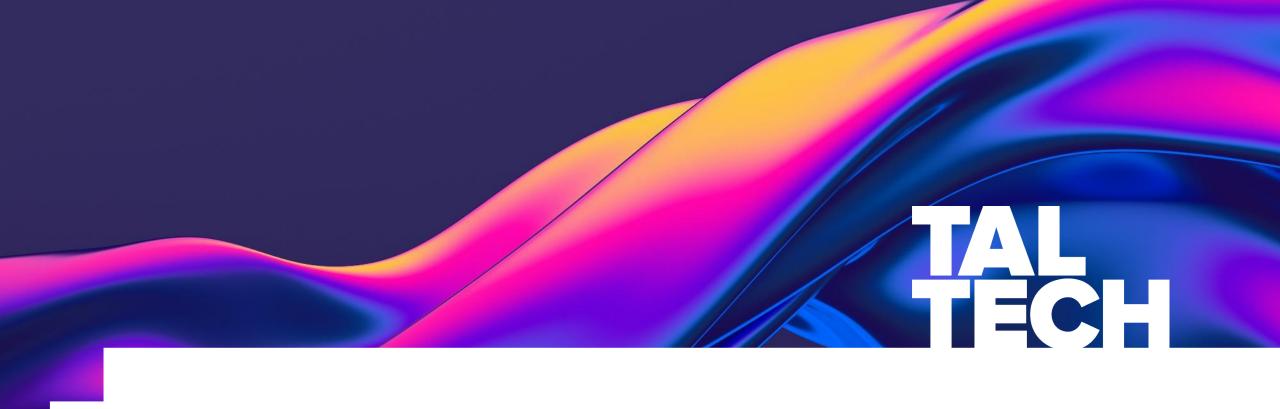


taltech.ee/en/studyabroad

taltech.ee/en/internshipabroad

taltech.ee/en/euroteq/exchange-studies (EuroTeQ)





THANK YOU! QUESTIONS?